



Port Moody Times

Thursday November 28, 2024 Day 2

LOST & FOUND

There are tables set up with Lost & Found items by the front entrance near the MPR. Please take a look during lunch or after school if you have lost anything this school year. Any unclaimed belongings will be donated.

MISSING

A student has lost their black Senheizer headphones. Please return it to the office if found.

PAWS FOR A CAUSE

Pause for a Cause Bubble Tea Fundraiser PICK UP will be after school in the MPR on Thursday, November 28. Please bring your student ID number to pick up. Extra Bubble Teas have been ordered and will be sold (cash only) from 4-4:30pm.

SOAR LEADERSHIP PROGRAM

Grade 10 students interested in signing up to be SOAR Leaders for next year can pick up an application form from the door to the Biology Office (Room 3003) between Rooms 323 and 324. You must have 2 PMSS staff recommend you and have a parent signature on the form. Forms must be returned to Ms. Tsui in Room 323 by Friday, November 29th at 3:15pm.

JANUARY MARIE LAPUZ YOUTH LEADERSHIP AWARD

This annual award is given to exceptional youth 16 to 30 who have shown commitment and leadership within the 2SLGBTQ+ community. The winner receives a cash prize of \$1000, First Runner Up receives \$600, Second Runner Up receives \$400. Honorable mentions receive \$200 and Emerging Leaders receive \$200.

Sher Vancouver would like to recognize all those youth who work tirelessly for the 2SLGBTQ+ community and we would appreciate your help to spread the word about this award.

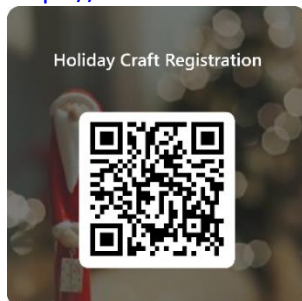
The deadline to receive applications is December 31, 2024. Please click on the link below for full details about the award and to learn more about Sher Vancouver.

<https://januaryfilm.com/youthaward/#apply>

HOLIDAY CRAFTS IN THE LIBRARY

Come and join us in the library to make a holiday craft and help raise funds for Share at lunch on Wednesday December 4th, Thursday December 5th, Tuesday December 17th or Wednesday December 18th. Cost is two dollars per craft. Follow this link and QR code for details and to register.

<https://forms.office.com/r/y9g32mbghR>



YEARBOOKS

The PMSS 2024-2025 yearbooks are now available for purchase. They are \$60 per yearbook and can be purchased on Cash Online. They sold out very quickly last year so don't delay in getting one before they sell out.

CLUBS AND CLUB MEMBERS

Yearbook is now starting on the club section, please take your own photos as there are 60+ clubs and you have a better understanding of your club / particular events. We will only print the first 40 clubs who respond meaning? We will need 2-3 photos (cell phone shots are fine) and a short write up. If you would rather have the yearbook staff take one of your group shots, let us know. Direct all questions, photos and a short write up with the name of your club to 088-JYANG3@sd43.bc.ca. QR code below. DEADLINE: DEC. 1ST.



TUTORING CLUB IS BACK!

Looking for some help with your classes? The student tutors at the Tutoring Club would love to help. We are available Tuesdays and Thursdays during lunch, Block 5 and after school. Lunchtime tutoring sessions take place in room 311, and Block 5/after school sessions are in the Youth Worker room—directly across from the Library Learning Commons. It’s a drop-in program, you don’t need to sign-up for tutoring! If you’re interested in being a tutor, please see Ms. Nembhard in the office.

BLUES RUN CLUB (SUN RUN)

Are you an amateur runner or wanting to break a new personal best? Join the Blues Run Club 10k Sun Rype Youth Team Challenge with Port Moody Secondary next April! Students + friends and family welcome! (signing up with us is cheaper than individual pricing). Contact 088-jryu@sd43.bc.ca for more information.

PMSS

FOOD
DRIVE

BRING CANNED GOODS FOR
PRIZES!

2- 17 DECEMBER 2024

Bring canned food during
December and win prizes for
your class!

SANTA'S WISH LIST

Preferred foods:

- Canned Diced Tomatoes
- Chunky Tomato Sauce
- Canned Fruits
- Canned Vegetables (Corn and Mushroom)
- Canned Fish and Meats (Tuna and Ham)
- Instant Oatmeal and Cereal Variety Packs (Single Serving Packages)
- Canned Meals (Beans in Tomato Sauce and Beef Chili, Stew)
- Pasta (900g or smaller)
- Extra Virgin Olive Oil (1L or smaller)

ONGOING

MORNING STUDENT DROP OFF

This is a reminder to parents and students that drop-off and pick-up is to take place only in the lower parking lot - regardless of time of day or weather conditions. If you are dropping off for an early morning class or team practice, please do so in the lower parking lot.

STUDENT PARKING PASS: If you will be parking in the lower parking lot, please come to the office during lunch or before/ after school to pick up a Parking Registration form.

STUDENT INFORMATION VERIFICATION FORMS

This is a reminder for parents/ guardians to log onto their MyEd parent portal to view their student information verification form. If any changes are to be made, please make corrections on a printed form and return it to the office.

GR. 12 OFF-BLOCK STICKERS

Gr. 12 students who need an off-block sticker can pick them up at lunch or after school at the office. Please bring your Go-Card and a copy of your schedule.

TRANSLINK

- As Translink is increasingly busy, please keep the following in mind when you are taking public transit.
- Be mindful of where you are standing when the bus is coming to a stop. Moving away from the curb allows the driver to pull in safely.
 - Remember that other students want to get on the bus. Pushing your way to the front of the line makes everything slower for everyone.
 - With construction, the bus stop locations have changed. Check the signs or your app carefully to make sure that you're at the right bus stop.
 - Other bus riders may not want to hear your conversation—keep the volume down.
 - You might miss the bus, or it might be full. Another one will be along soon.
 - If you see something unusual when you're on public transit, report it to a uniformed attendant, or text 87.77.77

We all need to work together to make a transit system that it safe for everyone!

PMSS TIMES: The PMSS Times will be distributed on **Tuesdays** and **Thursdays**. Announcements will not be read over the PA. You will find copies of the PMSS Times outside the office, in the Cafeteria under the clock, and outside the Library Learning Commons.

CAREER CENTRE

Post-Secondary Information, Admissions Updates, New Post-Secondary Programs, Scholarships, Volunteering, Employment, Career Programs & Training, Leadership and Enrichment Programs

PMSS Career Resource Centre

Main Office. Open from 8:00am – 3:30pm Monday-Friday.
Questions? Email Ms. Chang at mchang@sd43.bc.ca or call 604-939-6656 ext. 2013.
How to keep up with the news? Join the Port Moody Secondary Career center TEAMS page! Code to join: 46n1w80 or follow the Career Centre Instagram or X (Twitter) account @pmsstransitions! Don't forget to check out the [PMSS Online Career Centre website](#)

Post-Secondary workshops and info sessions

For current and ongoing opportunities, please visit [HERE](#)
Port Moody Secondary Post-Secondary Info-Sessions: Check out the time/date/location for when you can learn about each school and ask representatives questions!

School/ Program/ Event	Date	Time	Location
SFU Beedie	November 28th	11:58 - 12:40pm (lunch)	Library
UVic's Faculty of Engineering	November 29th	12:20pm - 1:15pm	MPR (Booth)
UBC Sauder	November 29th	5:00pm - 6:00pm	ZOOM LINK
Langara	December 4th	11:56 – 12:36pm (lunch)	Drama Room
University Canada West	December 5th	11:58 - 12:40pm (lunch)	MPR (booth)

NEW Western Ivey AEO Virtual Essay Workshops is happening on Wednesday, December 11th 2024 either at 5am – 6am linked [HERE](#) or from 4pm – 5pm linked [HERE](#). This virtual workshop is designed to provide valuable guidance to students as they refine their supplemental essays. Students can learn about what will make their essays stand out, learn how to showcase leadership, initiative, and personal strengths, and get specific questions answered and receive feedback tailored to their writing.

Indigenous Student Post-Secondary Fair is happening on Wednesday December 4th, 2024 from 3:00pm – 7:00pm at Education Learning Centre (1080 Winslow Ave). Come learn about opportunities for Indigenous Youth from a range of Post-Secondary Schools and programs! It's free to attend, and anybody Gr. 9-12 is welcome to join. Snacks and Door prizes will be available! Some schools that will be in attendance are UBC, SFU, NVIT, JIBC, UVic, Emily Carr, Douglas College, Langara and more!

Toronto Metropolitan University is hosting an online webinar for out of province applicants on December 2nd 2024 at 3:30pm. Learn more about TMU and how to apply! Learn about our 60+ undergraduate programs, connections in our dynamic metropolitan Toronto location and how we prepare you to be career ready through co-ops, internships, placements, global experiences and more exceptional student experiences. If you'd like to sign-up, click [HERE](#)!

General Learning Opportunities

For current and ongoing opportunities, please visit [HERE](#)!

SFU Science Alive: STEM Speaker Series provides Gr. 8-12 students with a free opportunity to learn about STEM topics and careers through the expertise of people involved in the field. These sessions happen over Zoom from 1:00pm – 2:00pm. On Saturday, November 23rd, the topic is *Curiosity, Rotting Sheep Heads and a Career in Forensic Firearms Examination* where the expert has worked on the “Pickton Pig Farm” serial murders and is a Forensic Firearms and Toolmark Examiner with the RCMP. On Saturday November 30th, the topic is *Discovering the unseen Universe with gravitational waves*, where the Associate Professor in the Department of Physics and Astronomy at UBC will explain about the science behind gravitational waves. If you'd like to sign-up for either one, please click [HERE](#)!

Emily Carr University – Spring Break Art Camp is open for registration for any Gr. 9-12 students! They've curated a range of courses so you can explore popular studio practices in art and design through hands-on classes taught by practicing professional artists, designers and educators. With a focus on foundational skills and creative process, courses are open to students at all experience levels. The camp takes place on March 17-21 and/ or March 24-28 from 9am – 3:30pm. One week tuition fee is \$738.68 (includes GST). If interested for more info or you would like to register, click [HERE](#)!

Trades and Apprenticeship Information

For current and ongoing opportunities, please visit [HERE](#)!

Volunteer/Employment Opportunities

For current and ongoing opportunities, please visit [HERE](#)!

***NEW* Elephanatics** is looking for ongoing Student Ambassadors to spread the word about the ongoing poaching and human elephant conflict crises facing the African elephant. Students would be expected to formulate new and creative ways to share our cause, and finding other students to assist you with community outreach. For more information, or to sign up, click [HERE](#)!

Irvine Elementary - Pancake Breakfast with Santa is looking for volunteers for their event on Saturday December 14th from 8:30am – 11am! There are 5 spots available. If interested, please contact jessw811@hotmail.com

SHARE Gift Wrap and Toy Bank 2024 is looking for volunteers to help manage donated toys and help gift wrap presents at Coquitlam Centre Mall. Times available between December 2nd and 24th. Click [HERE](#) to sign-up!

Hyde Creek is looking for volunteers (all high school students are welcome) to help with classes and tour training (as a guide or assistant), event planning, and day to day hatchery operations. Volunteers pick the days and times they are available to help with. For more information, click [HERE](#)! To sign-up, please email hcws.info@gmail.com.

Mathnasium (Tricities) is looking to hire Math instructors/ tutors! They pay in the range of \$16 – 22 / hour and are looking for Gr. 12 students who have a passion for math and working with students. Must have exceptional math competency, interpersonal skills and an eagerness to learn and be trained. You can teach/ tutor in centre, online and/ or via hybrid delivery using the Mathnasium Method, terminology and teaching practices. For more information or to apply, click [HERE](#) or email Dr. Anoma Mudalige at tri-cities@mathnasium.ca

Scholarship / Awards

For current and ongoing opportunities, please visit [HERE](#)!

***NEW* BC Excellence Scholarships** (value: \$5000) are open for any Gr. 12 Canadian or permanent resident students that have at least a B in Language Arts 12, and B in final course marks that fulfill graduation requirements of Science 11 or 12, Math 11, and Social Studies 11 or 12 with no more than a C+, and maintain a B or better average in grades 11 & 12 final course marks required for graduation. **You must be nominated by your school.** The nomination deadline for Port Moody Secondary students is January 10th 2025 (the external deadline is February 17th 2025. You can find the nomination forms on PMSS Career Centre TEAMS, or the PMSS Career Centre website. Please come ask Ms. Chang if there are any questions. For more information, click [HERE](#).

***NEW* Pathway to Teacher Education Scholarship** (value: \$5000) is open until February 17th 2025. If you are a Gr. 12 Canadian or Permanent Resident graduating student who has demonstrated a commitment to and aptitude for a career in K-12 teaching and will be attending an approved teacher education program in the Faculty of Education with a B average, consider applying [HERE](#)!

TCF Refugee Awards (4 awards available each valued at \$4000) are open until January 31st, 2025. If you are a Gr. 12 student who entered Canada as a refugee and studied English language (EL) in BC or elsewhere in Canada, wishes to study in a vocational or academic program at a post-secondary institution in BC, and have documented school and/ or community volunteer experience, then consider applying [HERE](#)!

TCF David Lam/ BC TEAL English Language Learner Scholarship Award (value: \$4000) is open until January 31st 2025. It is open for permanent residents of Canadian citizens who are a BC Gr 12 graduate and wishes to attend a BC post-secondary institution. Students must have completed a minimum of one English Language (ELL) course taken in Gr. 9-12 and must provide documented school or community service. Click [HERE](#) for more information or to apply!

Canada Company Awards (valued at \$5000 per academic year for a max. of 4 years) is open for any students as long as they are eligible. Youth 16-24 who are enrolled (or will enroll) in full-time post-secondary education and has a parent that was lost while actively serving in the Canadian Armed Forces and Reserves are able to apply [HERE](#)!

Soroptimist Awards (valued at \$1500) are due January 15th 2025. There are two scholarships available: Give her Wings award is aimed towards female immigrants or refugees who have enrolled or planning to attend a vocational/ skills Training program or an undergraduate degree and the Bea Kelly Teen Volunteer Award is open for young women in Gr. 12 who have had significant and noteworthy accomplishments as volunteers. Both awards have preferences towards young women residing in the Tri-Cities in BC. If you'd like more info, or to apply, click [HERE](#)!

Got a Spine Scholarship (value: \$500) is open until May 2nd 2025. If you are a Canadian or US student intending to attend a US or Canadian college and university full-time by October 2025 and have achieved a GPA of 2.5 or greater during your last academic year, consider applying [HERE](#).

Dalton Camp Award (value: \$10,000) is open until January 6th 2025. If you are a Canadian citizen or permanent resident of Canada, and is interested in writing a 2000 word original English-language works of non-fiction on the link between media and democracy, click [HERE](#)!

Schulich Leader Scholarship is open for school nominations (valued up to \$120,000 for Engineering or \$100,000 for other STEM areas due Friday Dec 6th 2024 – email nomination form to MoodyScholarshipSubmission@sd43.bc.ca. Eligible Canadian Gr. 12 students that is entrepreneurial minded intending to pursue a career in technology, engineering, entrepreneurship and business enterprise, and applied scientific research with strong academic excellence, leadership, charisma and creativity (with strong consideration given to students with financial need) please apply! Students must be intending to attend one of 20 Canadian partner universities. See [HERE](#) for more information. For school nomination forms, please check PMSS Career Centre TEAMS or [HERE](#). Please come ask Ms. Chang if you have any questions!

Hartvikson Memorial Scholarship in Memory of Lourdes Llamzon (valued at \$4000) is open for applications until March 15th 2025! If you are a Gr 12 (Canadian or International) student who is planning on enrolling in a Canadian post-secondary sustainable agriculture and food systems program at an institution registered with the Canadian Revenue Agency, consider applying [HERE](#)!

PARENTS

PMSS 2024-2025 SCHOOL CALENDAR: Please click [HERE](#) for the 2024-2025 School Calendar

For information regarding PAC, please visit <https://www.sd43.bc.ca/school/portmoody/Parents/PAC/Pages>

AFTER GRAD FUNDRAISERS

🎓 After Grad 2025: We Need Your Support! 🎓

The After Grad planning committee, made up of parent volunteers, is hard at work creating a safe, fun, and unforgettable celebration for our grads this year. We are so grateful for the incredible support from our community—this event wouldn't be possible without you!

We need more help, and ask that you please support us in our efforts to make this a memorable event.

👉 Follow us on [Facebook](#), [Instagram](#), and visit our [After Grad website](#) to learn more! ☀️




Growing Smiles Fundraiser: Holiday Plants & More!

We're selling winter plants, poinsettias, wreaths, succulents, and more to raise funds for our After Grad celebration. Help us hit our fundraising goals and bring some festive cheer to your home! Pickup at Port Moody Secondary on December 10th at 7:30pm. **Don't wait – orders are due by December 2nd!**

👉 [Link to order - Click Here](#)

Neufeld Farms Fundraiser: Stock up the Freezer for the Holidays!
Get your holiday gatherings started with delicious appetizers from **Neufeld Farms**! From tasty selections of appetizers, gourmet entrees, and desserts are sure to impress your guests and make your holiday parties stress-free! Pickup at Port Moody Secondary on December 10th at 7:30pm. **Order deadline is December 2nd.**

 [Link to order - Click Here](#)

FlipGive Fundraiser – Shop & Support PMSS After Grad!

Here's how it works:

1. **Shop** online at over 500 top brands, including your favourite stores!
2. **Earn** a percentage of your purchase back for After Grad.
3. **Support** the grads while you shop—it's that simple!

Get started now and start earning funds for a great cause.

👉 Start Shopping & Supporting Now: Team Code KVJN6X

COMMUNITY

{MEDIClover}

According to the researchers from University of British Columbia (UBC), Harvard Medical School and Memorial Sloan Kettering Cancer Center (MSK), they have found out early genetic origins of breast cancer-like mutations appearing in the cells of healthy women. Furthermore, genetic alterations were only detected in the luminal cells that line the lobules and ducts where milk flows through the breast. In addition, the majority of mutated cells contained only one or two copy number alterations, and it's known that it takes multiple mutations to form a cancer.

More Information: [Luminal breast epithelial cells of BRCA1 or BRCA2 mutation carriers and noncarriers harbor common breast cancer copy number alterations | Nature Genetics](#)

If you're still curious about Genetic mutation Check this article out: [Cancer-like mutations in healthy cells point to genetic origins of breast cancer](#)



Holiday Camp for Youth

Monday, Tuesday and Friday, Dec 23-27
Mon, Tues, Thurs and Fri, Dec 30-Jan 3
9am-3pm Recreation Complex
Activities may include:

Bowling	Extreme Air Park	Laser Tag
Ice Skating	Sports	Swimming

Visit portmoody.ca/signmeup to register NOW!